

Healthy Way to Grow!

Dear Parents and Guardians,

We have great news to share! Laredo Child Development Center has partnered with the American Heart Association to be part of a new national program called Healthy Way to Grow. As part of the Healthy Way to Grow program, we are working with the American Heart Association and Nemours Children's Hospital to support our center to be an even healthier environment for your children. Through Healthy Way to Grow, we promote wellness opportunities for students, staff and families which support healthier lifestyle choices. We are excited about the launch of this new program in our Center.

For more information on Healthy Way to Grow, please visit www.healthywaytogrow.org.

- [ECE Snack List for 2014](#)
- [Laredo Edited Wellness Policy](#)